

ANNOUNCEMENTS

Control Your Blood Pressure Without Medications – Special presentation by *Dr. David DeRose*, MD, MPH **today**, at 5pm. Dr. DeRose has been helping people address disease processes with natural therapies for over three decades. Double board-certified in both Internal Medicine and Preventive Medicine, in addition to holding a Master’s degree in Public Health, his research has been published in peer-reviewed medical journals, including *The Journal of the American Medical Association*, *The Annals of Epidemiology*, and *Preventive Medicine*. His most recent book for lay audiences, *Thirty Days to Natural Blood Pressure Control*, ranks among Kindle’s top Preventive Medicine eBooks and Amazon’s top High Blood Pressure titles.

Young Adults – Invite your friends and come show us your “brooming” skills in a late-night game of Broomball, **tonight**, 9pm at the RDV Sportsplex (\$5). Tennis shoes are required

Deaconess Meeting - Pr Frank would like to meet after worship service on **Mar 16** in the social hall. Please bring a dish to share.

High School Outreach – Mar 23, Consulate Health Care at West Altamonte, 1099 W Town Pkwy, Altamonte Springs 32714. Program will include Bible reading, music, one-on-one interaction, etc. Meet at 9:30am in the HS Sabbath School room to go over program. Bring your lunch since we will meet at Consulate Health Care at 1:50pm in lobby.

Religious Liberty– Please turn in your Religious Liberty offerings by **March 31**, especially if you are requesting a subscription. If you give online, please contact Joe Grasso for details.

2nd Annual Spring Meadows Community Health Fest– Join us on **March 31**, 12-4pm for a fun-filled afternoon for your family and friends at Ft. Mellon Park in Sanford. With over 50 health-related vendors from across central Florida in attendance, a competitive chili bowl cook-off competition and engaging activities for the kids, you don’t want to miss this! Free Biometric/Vision screening and giveaways will also be available for Fest attendees. Go to www.smchealthfest.com for more details.

GRATITUDE

I would like to thank all those who came out to run/walk in the 5K race and all the volunteers who helped before, during, and after the race. Thanks to all our sponsors too. It was a great success and could not have done it without you. We heard many comments from those in the community about how nice our volunteers were. - **Angela Ford**

Galatians 5:13 states that service to one another is not an option. Spring Meadows Church has almost unlimited opportunities for Christian service. Please call the church office to inquire about a ministry where you would like to serve.

Bring your tithe & offerings to the Lord. Try Him! Malachi 3:8-12

CHURCH BUDGET 2018 – 2019			Giving Units	
JANUARY 2019			Year to Date	Year to Date
\$Needed	\$Received	\$Over/short	\$Over/short	\$Over/short
72,200	50,722	-21,478	-94.636	-251*

*If each of 377 giving units gave \$251 today, the deficit would be met.

Greeters: Annie Jean-Baptiste, Norman & Doreen Lord, Lilly Oakley, Nelson & Mirna Pagan

Media Tech: Kolby Golden

Deacon: Roger Simpson

Worship Coordinator: Valarie Prusia

Deaconess: Vinnette White

Health Care Professional on-call: Keith Kenaan

WORSHIP SERVICE

Sabbath, March 9, 2019

Entering Worship	Praise Team
Invitation to Worship	Kayla Fogg
Prayer for the People*	Ken Grant
Invitation to Give** <i>World Budget</i>	Ken Grant
Worship in Praise	Praise Team
the Word	Dr David DeRose
Song of Praise	Congregation
Pastoral Blessing	Pr Jonathon Cobb
Postlude***	Instrumental

* Please bring prayer requests to the front

**Unmarked offerings go to our church budget; Tithe is sent to FL Conference

***Elders available for prayer after the service

Calendar

Sabbath, Mar 9

12:30pm Fellowship lunch

5:00pm Dr DeRose

7:00pm JOY Mini Golf

9:00pm YA Broomball

Sunday, March 10

2:00am Daylight Savings

Monday, Mar 11

10:00am Prayer Quilts

6:00pm Finance Committee

7:00pm Leadership Team

Wednesday, Mar 13

6:00pm Soup & Prayer Mtg

6:30pm Prayer Quilts

Friday, Mar 15

7:30pm YA Bible Study

Sabbath, Mar 16

9:30am Sabbath School

10:30am Pr Frank Ottati

12:30pm Deaconess Meeting

2:00pm Global Youth Day

Sabbath School

9:30 – 10:30 am

Adult Sabbath School

Buddoo/Ayala/Doll

Dupper/Batista (Y Adults)

Fogg/Hinds

Landers (Young Parents)

Rodriguez/Bairs/Parchment

Valladares/Labrador/Rivera

Sermon Schedule:

Mar 23 Pr Mollie Dupper

Mar 30 Communion

Apr 6 Pr Bob Boggess

Offering next Sabbath:

Church Budget

Sunset: Today: 6:31 pm

Friday 7:34pm

CCLI 561610, Streaming CSPL074853

CHURCH STAFF

Frank Ottati

Interim Senior Pastor

pastorfrank@springmeadows.org

(407) 924-9949

Bob Boggess

Associate Pastor for Church Advancement & Building

pastorbob@springmeadows.org

(407) 443-3564

Jonathon Cobb

Associate Pastor for Children Ministries & Media Arts

pastorjon@springmeadows.org

(937) 430-4699

Mollie Dupper

Associate Pastor for High School and Young Adults

pastormollie@springmeadows.org

(218) 209-8198

Ted Bair

Lay Pastor for Church Ministries

ted@springmeadows.org

Michael Fogg

Head Elder

michael@springmeadows.org

Jack Leach

Finance Committee Chairman

jack@springmeadows.org

Judy Anderson

Treasurer

judy@springmeadows.org

Belinda Eidam

Office Manager

belinda@springmeadows.org

Office Hours

9am-3pm (Monday-Thursday)

9am-12pm (Friday)

www.springmeadows.org

NOTES



SPRING MEADOWS

SEVENTH-DAY ADVENTIST CHURCH

Bringing Jesus to our communities

5783 N. Ronald Reagan Blvd.
Sanford, Florida 32773

(407) 327-1190

www.springmeadows.org